



Parents by Choice



SAN JOAQUIN
COUNTY
Greatness grows here.

2423 W. March Lane, Suite 200 Stockton, CA 95207

2020 Free Positive Parenting Program *6 Sessions*

All Classes will be held online through Zoom

Course: Co-Parenting Triple P– For parents who are experiencing distress from separation or divorce.

Class: Every **Friday**

Dates: April 24, May 1, 8, 15, 22, and 29.

Time **10AM – 11:30AM**

Course: Pathways Triple P–For parents who are experiencing stress and can benefit from anger and stress management techniques to improve a parent’s ability to cope with raising children.

Class: Every **Monday**

Dates: April 27, May 4, 11, 18, (Tuesdays 26), and June 01.

Time **4PM – 5:30PM**

Course: 0-12 Triple P – For Parents or caregivers of children 0 – 12.

Class: Every **Tuesday**

Dates: April 28, May 5, 12, 19, 26, and June 02.

Time **10AM – 11:30AM**

Course: 0-12 Triple P –For **Spanish Speaking parents or caregivers of children 0-12.**

Class: Every **Wednesday**

Dates: April 29, May 6, 13, 20, 27, and June 03.

Time **10AM – 11:30AM**

Course: Triple P Teen – For parents or caregivers of preteens and teenagers.

Class: Every **Thursday**

Dates: April 30, May 7, 14, 21, 28, and June 04.

Time **2:00PM – 3:30PM**

To register contact the Triple P Program OR register online

[www.parentsbychoice.net/positiveparenting.](http://www.parentsbychoice.net/positiveparenting)

(209) 478-4554 ext. 1051